



## Beauty Oasis Training Academy

After training within the industry for the last 15 years we are honoured to have become an accredited training centre for VTCT the leading international awarding organisation for NVQ Beauty courses. This allows us to train students up to a NVQ level 3 in

Beauty Therapy or Holistic Therapy. From short courses like Massage or Manicure to a whole NVQ 2 or 3 we can provide training to an exceptional industry standard with fully qualified industry experts.

### Why choose Beauty Oasis Training Academy

- Short flexible courses to suit you
- Small class sizes . Industry standard training
- Friendly experienced trainers and assessors
- Courses available . Manicure . Pedicure
- Indian Head Massage . Massage . Hot Stone therapy

See our website for an extensive list or call 01934 642299 and speak to Sarah for more details



#### Clevedon Salon

12 Hill Rd, Clevedon, BS21 7NZ  
Tel 01275 343647

#### Winscombe Salon

14A Woodborough Rd, Winscombe, BS25 1AD  
Tel 01934 843873

#### Weston-s-Mare Salon

345 Locking Rd, Weston-s-Mare, BS22 8NH  
Tel 01934 642299

#### Burnham Salon

7 High Street Burnham on Sea TA81NX  
Tel 01278 789152



The Art Of Relaxation

An Oasis Of Calm & Luxury



## Welcome

We provide the most effective up to date beauty treatments where friends, family and partners can enjoy treatments simultaneously, in luxurious treatment rooms with exclusive double spa suites and areas.

Beauty Oasis Spa have developed our specialist **SIGNATURE TREATMENTS.**

These are unique to our spas, and demonstrates our commitment to excellence, luxury and the very highest standards of client care.

These are marked with this symbol  in our brochure.

We know the time you spend with us is precious so we guarantee you will never be rushed or your treatment cut short. Please let us know if there is anything we can do to improve your treatment, for example deeper or lighter massage, a pillow or different music.

### Spa Etiquette

#### Your treatment

All treatments are only carried out after completion of a medical questionnaire. It is important the treatments we carry out will not affect any conditions you may have so please update us of any changes to your health. All your records are kept in confidence and in accordance with the data protection act.

#### Tanning & Tinting Treatments

We carry out tint and tan patch tests before your treatment. From time to time ingredients may change within the products that we use, and we request clients to have periodic patch test.

#### Cancellations

Please give us 48 hours notice if you need to cancel your treatment with us, this gives the opportunity for other clients to be offered that space. We do take full payment for treatments over 1 hour and these are non refundable if 48 hours notice is not given.

Please make sure you arrive promptly for your appointment, late arrival could result in reduced treatment time and listed price will still be charged.

**We assure you the Beauty Oasis Day Spa experience will be a unique experience.**

## Our Treatments



### For The Face

Over all our beautiful salons we use only the best treatments and products to achieve the most effective results.

We have a huge range of effective Facial treatments to help with all issues from firming and lifting to spots and blemishes, please call and ask to speak to a therapist in any of our branches if you are unsure of which Facial to choose.

Here are the brands we use, look on our price lists for specific treatments.

### Pier Auge

All the salons use the boutique French range of products Pier Augé who's unique treatments with active ingredients and advanced molecular structure will address any skin care need. From a hyper sensitive skin to a lifting firming treatments there is a facial for everyone and every skin condition. Including our Market leader Lifting treatment Cryo Lifting.

### Guinot

Weston, Winscombe and Clevedon salons offer Guinot's cutting edge machine facials. For over 40 years Guinot has worked with skin and skincare and it is well documented that a Guinot Facial is a really effective treatment. We are one of the exclusive network of salons who offer their treatments.

### Mary Cohr

Burnham Salon offers, Guinot's little sister, Mary Cohr products and treatments. A very similar machine to Guinot for both deep cleansing and anti-ageing. Selecting the best plant extracts with active ingredients we can offer the most effective natural plant based treatments for excellent results.

### CACI and Microdermabrasion.

Our Clevedon Salon offer both Caci lifting treatments and Microdermabrasion a resurfacing treatment for super soft glowing skin. Please see their price list for more information.



## For The Body

### **S** Signature Massage Treatments

Tailored to your needs, all our massage treatments are unique. Deeper massage for aches and pains and lighter massage for relaxation. We regularly retrain in new massage techniques to make sure you get exactly what you need from your treatment and if needed use our forearms and elbows for deeper tissue work.

1/2 hour Massage usually on the back or back and shoulders.

1 hour Body Massage.

1 1/2 hour Body Massage including scalp and face.

### **S** Signature Ritual Treatments.

Designed especially for Beauty Oasis these short treatments work on the central nervous system to guide the body and mind into a deep state of relaxation allowing it to powerfully energise and recharge leaving you in a state of bliss and calm. Choose from Scalp Ritual, Foot Ritual, Facial Ritual, Back Ritual or Hand Ritual.



### Hot Stone Massage

Relaxing all your muscle tension this unique treatment uses hot stones to alleviate stress and stiffness in the muscles.

### Trigger Point Massage

For chronic pain anywhere in the body, a specialist releasing massage which targets specific problems such as back ache, headaches, sciatica and repetitive strain injuries.

### Reflexology

Foot reflexology is an ancient Chinese principle to redress the body and alleviate ill health.

### Indian Head Massage

Carried out in a seated position this powerful treatment relieves eyestrain, headaches, mental fatigue and leaves you calm and revitalised.

### Hopi Ear Candles

For sinus problems, blocked ears, tinnitus and stress.

### **S** Signature Body Polish

For soft luminous glowing skin, great before a holiday or special occasion.

### **S** Signature Detoxifying Body Treatment

Skin is brightened and detoxified with a body brush followed by a full body massage using stimulating ginger oil.

### Slimming Wrap

With powerful plant extracts using Laminara seeds to target slimming directly where you need it to be this powerful mask is combined with exfoliation and a body massage.

### Nourishing Wrap

Treat your body to a facial using a green tea mask for regenerating, nourishing and firming to the body which is then cocooned in warmth. An intoxicating head massage completes this relaxing treatment.

### **S** Signature Pregnancy Pampering Treatment

Ultimate indulgent treatment for new mums or mums to be, prevents stretch marks, relaxes, and refreshes the areas affected by pregnancy.

## Finishing Touches

### Make up

Using a professional range of products we can cater for your special occasion. From make up lessons to Bridal make up, let us make you beautiful!

Special occasion make up can be carried out at your chosen venue or at one of our beautiful relaxing salons.

Bridal packages are available just call us and we can discuss your requirements in detail.

### Waxing

Reduce stubble and achieve smoother skin with our highly trained therapists. **Specialised intimate waxing offered.** Hot wax can also be used please ask at the time of booking

### Tinting

Emphasize your beautiful features with tinting of eyelashes and eyebrows, perfect for holidays or the no make-up look. **Patch test required prior to treatment.**

### Tanning

Achieve a beautiful and safe tan with StTropez sprayed onto the skin with an airbrush or hand applied for a flawless colour. **Patch test required prior to treatment.**

### Electrolysis

Safely and permanently remove unwanted hair on the face. **Patch test required prior to treatment.**

### Skin Tag, Millia and Thread Vein Removal

We have undergone extensive training with the leading trainer in the country to safely and effectively remove Skin tags, millia and red veins on the face. We do not treat red veins on the body.

**Patch test required prior to treatment.**



## Hands and Feet

### Shellac Long lasting Manicure & Pedicure

Polish which lasts up to 2 weeks with no flaking, peeling or chipping. Great for holidays special occasions or just to have beautiful nails.

### Shellac Luxury Manicure & Pedicure

Upgrade your Shellac treatment to include Exfoliation, massage, booties and hard skin removal for feet and exfoliation, massage and hot mitts for hands

### Nailtiques Manicure

A specialized treatment to sort out soft, peeling, brittle nails. Includes a polish to finish.

### Nailtiques Luxury Manicure

For that little bit of luxury to soften dry skin and soothe tired hands. Includes a polish to finish.

### Nailtiques Express Pedicure

Express tidy up and polish.

### Nailtiques Luxury Pedicure

Pure bliss for feet, removes hard skin, relaxes tired feet and legs and finishes with a polish.



### Signature Zone Pedicure

Combining heavenly hot stones with a powerful reflex zone massage and pedicure treatment. Relaxing, recharging and sumptuously indulgent. The treatment finishes with a polish.



## Especially for Men

All of our massage and holistic treatments are suitable for Men, but here are some specialised treatments just for him.

### Men's Pier Auge Facial

Even the skin tone, reduce the signs of ageing and relax achy muscles with this facial designed for men.

### Men's Manicure

A tidy up for hands and arms with a scrub and massage for smooth skin.

### Men's Pedicure

Softens hard skin, relaxes feet and legs and tidies nails.



## Packages made easy in 4 steps!

Everyone is different, so keeping this in mind why don't you choose your treatments for your perfect tailor made package. If you are buying for a gift then just purchase the time and the recipient can choose the treatments when they book in.

### 1 Decide on the time

2 hours  
3 hours  
4 hours

### 2 Pick your treatments

Pier Auge Facial 1 hr  
Body Massage 1 hr  
Mini Manicure and Mini Pedicure 1 hr  
Mini Facial and Back massage 1 hr  
Luxury Manicure or Gel FX Manicure 1 hr  
Luxury Pedicure Or Gel FX Pedicure 1 hr

### 3 Add on any of the following for a discounted price

Back Massage  
Mini Manicure  
Mini Pedicure  
Mini Facial  
Mini Indian Head Massage  
Tinting package (Patch test required)

### 4 Call us and book your package.

Gift vouchers are also available making these packages a great gift idea

